



January to March 2023

Professional Development Calendar

Broome, Chenango, & Tioga Counties



F O R M O R E I N F O R M A T I O N C A L L

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FAMILY ENRICHMENT NETWORK OFFICE LOCATIONS

Johnson City

24 Cherry St

Binghamton

29 Fayette St

Norwich

22 E Main Street
(in The Place)

Owego

1277 Taylor Road
(in the Abide in the Vine building)

**** Parking Information ****

Johnson City: If you are coming to a training in the evening or the weekend, please use the visitor parking lot on the right side of the building in Johnson City, or park on the street. Please do not park in the fenced-in bus and employee parking lot.

Binghamton: You can park on the same side of the street as our building or in the church parking lot on the corner of Fayette St. and Court St. (We no longer rent parking in the lot across the street, so parking there is at your own risk.)

Owego: The entrance to the building is on the left side and parking is available in that area.

Norwich: You can park in the public parking lot (off Main St, turn into Theatre Lane to parking lot, or off Broad Street turn into the ally way next to the movie theater to access the parking lot).

CONTACT CCR&R STAFF



Call	Phone	For information about
JOHNSON CITY OFFICE		
Jennifer Perney, CCR&R Director	723-8313 ext. 872	Comments, concerns and complaints
Leslie Vermaat, CCR&R Specialist	723-8313 ext. 884	Training, online training, mentoring
Anna Boerner, Child Care Specialist	723-8313 ext. 829	Parent referrals, updates, CDA assistance
Cathy (Lipski) Lee, Health/Wellness Coordinator	723-8313 ext. 824	CACFP/food program, Health & CPR/First Aid
Crystal Rozelle, CCR&R Assistant	723-8313 ext. 825	CACFP, EIP questions/training registration
Julie Henry, Business Specialist	723-8313 ext. 1616	Business questions/CPR-First Aid
Lisa Rosa, Family Child Care Network Coordinator	723-8313 ext. 1619	Family Child Care Network questions
Gina Ritter, Informal Child Care Specialist	723-8313 ext. 832	Legally Exempt questions
Emily (Owen) Braman, Informal Child Care Specialist	723-8313 ext. 1621	Legally Exempt questions
Rachel Dowd, Training and Coaching Specialist	723-8313 ext. 894	Training and coaching for QSNY
Kami Paiz, Outreach and Recruitment Specialist	723-8313 ext. 826	Licensing questions, Desert grant help
NORWICH OFFICE		
Erica Hazard, Chenango CCR&R Specialist	373-3555 ext. 1522	General questions, program updates, training needs
OWEGO OFFICE		
Cortney Nornhold, Infant Toddler Specialist	687-6721 ext. 1187	Infant Toddler questions, CDA training
Trina Zigata, Infant Toddler Mental Health Specialist	687-6721 ext. 1186	Infant and toddler behaviors, support

PROFESSIONAL DEVELOPMENT STAFF

We are ready to meet your training needs with our knowledgeable and highly experienced trainers.



Leslie Vermaat
CCR&R Specialist



Cathy (Lipski) Lee
Health and Wellness Coordinator



Julie Henry
Business Specialist and
CPR-First Aid Trainer



Erica Hazard
Chenango CCR&R Specialist



Cortney Nornhold
Infant Toddler Specialist



Rachel Dowd
Training & Coaching

TRAINING POLICIES AND INFORMATION

**** Registration Information ****

You must register for trainings **two weeks prior** to the date. All EIP paperwork, FEN scholarship paperwork, VOICE/CSEA number, and/or payments must be received to be considered registered. You must notify us of any scholarship submission. Your training enrollment is pending until we receive any scholarship award notification/voucher, so you need to apply early! You are not registered for a training at FEN unless you contact us!

Please make all checks payable to Family Enrichment Network, Inc.

If paying by credit card, you must have an email address. Please call for details.

Call Crystal at 723-8313 ext. 825 or email her at crozelle@familyenrichment.org to register.

Training for the Webcasts must be done through SUNY PDP at:

www.ecetp.pdp.albany.edu/webcasting.aspx

**** EIP Information ****

Scholarship funding to participate in training may be available through the Educational Incentive Program (EIP). For more information or to apply for a scholarship, please visit www.ecetp.pdp.albany.edu. You may also contact EIP at eip@albany.edu or 800-295-9616 or 518-442-6575.

Trainings are eligible for EIP if conducted by a NYS Credentialed Trainer. This is indicated in the training listing.

*Apply early, as funding is limited and could run out.

**** CSEA VOICE Information ****

Scholarship funding may be available through CSEA VOICE for family, group family, and legally exempt providers. Visit voiccese.org to obtain a CSEA ID and for more information.

**** Refund Policy ****

All trainings, conferences and/or workshops are NON-Refundable, unless cancelled by us.

**** Cancellations ****

We reserve the right to cancel trainings if fewer than 3 people are registered, or in case of inclement weather. If you are registered, you will be contacted in the case of a cancellation. If you are unable to attend a training you are registered for, please cancel your registration by calling 723-8313 ext. 825.

**** Inclement Weather ****

If Family Enrichment Network closes the agency for all programs because of inclement weather, all trainings are also cancelled. To find out if the agency has closed, call the main number and listen to the message at (607) 723-8313, check our Facebook page, or check our website for updates.

**** Accessibility ****

In Johnson City, the front doors do lock after the trainings begin. Please arrive on time. The Fayette St. door is locked at all times. Please ring the bell for access. Be patient as staff need to come down stairs to open the door.

**** Training Certificates ****

Training certificates will be distributed at the training if you registered and paid in advance. If you are not registered for a training, but walk in, a training certificate will be provided upon completion of class AND after payment is received. There will be a \$5.00 charge for duplicate training certificates requested. You must complete the entire training in order to receive training credit. There is no option to take a partial training.

**** Children ****

To respect the professional training of others, please do not bring children to the trainings. There is no child care available and you will be asked to leave.

**** Training Etiquette ****

Please be respectful of others by turning your cell phone to vibrate and limiting talking to that which is appropriate to the training.

IMPORTANT PAYMENT INFORMATION

SUNY Professional Development Program Educational Incentive Program (EIP): EIP is a voluntary scholarship program and may be available to help cover the costs of trainings. Please apply for EIP at www.ecetp.pdp.albany.edu. We do not want EIP applications or a copy of your income taxes. We only need proof of EIP eligibility (for example, approval letter, denial letter). If you are 100% eligible for EIP funding, you do not have to pay a co-pay. If you are 75% eligible for EIP, you will need to pay the remaining balance due. EIP vouchers must be signed and turned in for each training.

CSEA/VOICE Professional Development Training Program: Family Enrichment Network is an approved training organization. Family and group family child care providers can obtain their CSEA ID and apply for training scholarships through <http://voiccecea.org/>.

FEN Scholarship: A FEN Scholarship may be available to help you cover the training cost, if eligible. Eligibility for the FEN Scholarship will be reviewed annually. Proof of income will be reviewed, as well as program financial information. Economic hardships will be evaluated on an individual basis; this will determine your co-pay amount. Upon award, you will receive a voucher for each class you are approved for. You must turn in the voucher as payment for each training.

You will not be enrolled in training until payment is made or proof of scholarship is provided.

Classes not eligible for scholarships are listed. To be eligible for EIP, classes must be approved through SUNY PDP and conducted by a credentialed or verified trainer. Classes are submitted for approval by our trainers.

Classes not currently approved for EIP include MAT and the Health and Safety Training (for non-registered/licensed providers).

All classes should be eligible for the CSEA/VOICE scholarship, as Family Enrichment Network is an approved training organization.

Classes not eligible for the FEN Scholarship include MAT, Health and Safety Training (start-up grants may be available for providers in the process of registration or licensing), Fall Conference, CPR/First Aid, and CDA. The FEN Scholarship is designed for single, evening classes.

Please call the training registration specialist with questions about how payment works.

TRAINING CATEGORIES

Office of Children and Family Services (OCFS) Categories:

- | | |
|------------------------------------------|----------------------------------------------------------|
| 1 - Principles of Childhood Development | 6 - Child Abuse & Maltreatment Identification/Prevention |
| 2 - Nutrition & Health Needs of Children | 7 - Statutes & Regulations Pertaining to Child Day Care |
| 3 - Child Day Care Program Development | 8 - Statutes & Regulations Pertaining to Child Abuse |
| 4 - Safety & Security Procedures | 9 - Education & Prevention of Shaken Baby Syndrome |
| 5 - Business Record Maintenance & Mgmt. | 10 - Adverse childhood experiences, trauma & resiliency |

REMINDER:

All the opportunities offered by Family Enrichment Network CCR&R are included together.

The location of each training is indicated. Make sure to read all the opportunities to not miss out!

January**Mind In The Making: 8 Session Series**

Mind in The Making (MITM) shares the science of children's learning through innovative in-depth training and materials geared for action. MITM's learning modules, skill-building opportunities, and book tips serve parents and caregivers across a wide array of sectors. This series takes a two-generational approach to building executive function-based life skills within children and families together. The content is appropriate for birth—adulthood.

Presenters: Cortney Nornhold & Rachel Dowd

Date: Jan 11, 18, 25, Feb 1, 8, 15, 22 & March 1

Time: 6—8pm

Location: Cherry St., Johnson City

Training Credit: 16 hours (8—two hour sessions)

OCFS Category: 1 & 10

Cost: FREE

Target Audience: All

Provider Talk: Supporting Emotional Literacy and Self-Regulation

Learn more about the impact of social-emotional skills to help all children succeed. What does social-emotional mean and does it really play a factor in a child's life? Understanding the true meaning can be a real game changer to your day as a provider and also the other children within your program.

Presenter: Erica Hazard

Date: Jan 18

Time: 6—7:30pm

Location: The Place, Norwich

Training Credit: 1 1/2 hours

OCFS Category: 1, 2, & 3

Cost: FREE

Target Audience: All

Fiscal Health

We will learn the process for building a budget and how to use it throughout the year. This will help you project costs, income, and plan for future goals. After the class, you will be offered one-on-one follow up assistance to complete your own budget and put it to work for you.

Presenter: Julie Henry

Date: Jan 19

Time: 6—7:30 pm

Location: Fayette St, Binghamton

Training Credit: 1 1/2 hours

OCFS Category: 5

QSNY Standard: FAS 4/FAS 3

Cost: FREE

Target Audience: All

Coming to a class at Fayette St., Binghamton?

Remember, the front door is locked. You must ring the bell on the right and WAIT for the trainer to come downstairs to answer the door. Please be patient!

Director Health and Safety

Directors are responsible for hiring, training & maintaining staff who provide a healthy and safe environment for children. This course will help directors look at policies and procedures that reinforce high-quality health and safety practices. Directors will receive in-depth information on the CCDBG training requirements and will be encouraged to examine their policies in order to make positive changes that promote best practice care. You must register with both SUNY PDP and FEN for this training.

www.ecetp.pdp.albany.edu/findtraining.aspx

Presenter: Leslie Vermaat

Dates: Jan 19, 20, 24, 26, & 27

Time: 8:30—11:30am

Location: Virtual

Training credit: 15 hours

Cost: \$250 (grants may be available)

Target Audience: CCC, SACC & LE group

HEALTH
AND
SAFETY

CDA—Part 1

The comprehensive CDA package includes classes that integrate the portfolio, advisement, and technical assistance along with the required training hours in different topic areas. CDA Part 1 is a pre-requisite to CDA Part 2, which will start in September. After completion of both Part 1 and Part 2, participants should be eligible to apply for the credential with the national Council for Professional Recognition.

Presenter: Cortney Nornhold

Date: Tuesdays starting January 24 through June 27

Time: 6—9pm

Location: Cherry St., Johnson City

QSNY Standard: TSQ 4

Cost: \$1250/EIP, VOICE

Target Audience: All

ACEs 101

The purpose of this training is to increase the participants knowledge and understanding of fundamental ACE research. Learn about how brain development of young people is affected by ACEs and how it can affect a classroom setting. This is the first of four ACE's trainings available and is the first step towards understanding ACE's.

Presenter: Rachel Dowd

Date: Jan 24

Time: 6—9 pm

Location: Fayette St, Binghamton

Training Credit: 3 hours

OCFS Category: 10

Cost: FREE

Target Audience: All



What Infants and Toddlers Need

This training will look at ways to be a responsible caregiver. We will discuss ways infants and toddlers are active learners. They need to have the freedom to move around the child care space. We will look at and discuss developmentally appropriate activities for infants and toddlers that will promote skills to meet children’s social-emotional, physical, cognitive, and socio-linguistic needs.

Presenter: Cortney Nornhold

Date: Jan 26

Time: 6—8pm

Location: Taylor Rd., Owego

Training Credit: 2 hours

OCFS Category: 1 & 3

Cost: FREE

Target Audience: All



Scheduled Upon Request:

Anti– Sexual Harassment Compliance

The purpose of this training is to have a common understanding of what sexual harassment is and what is not acceptable in our workplace. This training must be renewed yearly for all childcare providers along with staff and volunteers.

Must have a minimum group of 4 participants.

Presenter: Julie Henry

Training credit: 1 hour

Target Audience: GFDC, Centers, SACC

CPR/1st Aid – for Chenango County programs

Call or Email Julie to schedule

Phone: 607-723-8313 Ext 1616

Email: jhenry@familyenrichment.org

February

CPR/First Aid Recertification

This is an instructor led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario-based discussions, demonstrations of skills and the opportunity for instructor-facilitated student practice. CPR/AED and First Aid skills will be taught and practice as they related to Adult, Children, & Infants. Participants will be able to perform effective CPR, use an AED, and be trained in basic first aid techniques.

Presenter: Julie Henry

Date: Feb 2

Time: 5pm—9pm

Location: The Place, Norwich

Cost: \$80/EIP & VOICE

Target Audience: ALL



ECERS Overview: Using the ERS for Quality Improvement

In this training, we will discuss the basics of the Environment Rating Scales (ERS). Participants will learn how to identify their program's strengths and areas for growth following an ERS assessment. We will then discuss making a plan to address those areas of growth and how to implement your plan and record your progress.

Presenter: Rachel Dowd

Date: Feb 7

Time: 6—8 pm

Location: Fayette St, Binghamton

Training Credit: 2 hours

OCFS Category: 3

QSNY Standard: CE 1

Cost: FREE

Target Audience: All

Reassess and Redefine Your Budget

Let's look closely at your budget and see where you can cut costs and increase income. We'll talk about ways to market your program to make your program unique and successful.

Presenter: Julie Henry

Date: Feb 9

Time: 6—7:30 pm

Location: Fayette St, Binghamton

Training Credit: 1 1/2 hours

OCFS Category: 5

QSNY Standard: FAS 8/FAS 9

Cost: FREE

201 Level ACEs

This training is the next step after Aces 101 in increasing your knowledge about trauma and its effect on children. We will begin to apply the science of Aces 101 but it will not be a "magic wand" solution to all challenging behaviors. This training is focused around responding to a child's "flipped lid" and keeping ourselves regulated in times of stress.

Presenter: Leslie Vermaat

Date: Feb 9

Time: 6—9pm

Location: Virtual

Training credit: 3 hours

OCFS Category: 10

Cost: \$105/EIP

Target Audience: ALL



Provider Talk: Let's Try Our Your Skills

The reality of life as an educator goes far beyond playing in the sand pit. Let's share some skills and talk about their importance on things like how you deal with difficult behaviors by understanding why children do the things they do. Is it for attention? Learning disabilities? Problems at home? There are so many factors that go into why children act and react to situations. We are going to dig deep into the whys and how each of us deal with the challenges.

Presenter: Erica Hazard

Date: Feb 9

Time: 6—7:30pm

Location: The Place, Norwich

Training Credit: 1 1/2 hours

OCFS Category: 1, 2, 3, & 4

Cost: FREE

Target Audience: All



CPR/First Aid/AED: Valentine's Day Couple Special



This is an instructor led, in-person, classroom based approach to training using scenario-based discussions, demonstrations of skills and instructor-facilitated student practice. Skills will be taught and practiced as they related to Adult, Children, & Infants in need of lifesaving or first aid. Participants will be able to perform effective CPR, use an AED, and be trained in basic first aid techniques. Successful completion of the class will certify the participant for two years.

Presenter: Cathy (Lipski) Lee

Date: Feb 14

Time: 5:30pm—until over

Location: Fayette St., Binghamton

Cost: \$80/EIP & VOICE , Second person for \$60

Target Audience: ALL

*** Children and teens are now eligible for certification if they can demonstrate the skills without instructor intervention. Suggested age is 10 and up, and accompanied by an adult.



Caring Spaces

This Caring Spaces Endorsement began in 2018 with three tiers of measuring quality in infant and toddler classrooms, including freedom of movement, responsive caregiving, and quality materials and experiences. With this latest update, Caring Spaces has now expanded to cover Preschool Environments and has added a 4th tier on Engaging in Brave Conversations with Parents about Child Development and Challenging Behaviors. The goal of Caring Spaces remains the same: to increase quality, to decrease challenging behaviors, and to prevent expulsion in early childhood programs.

Presenter: Cortney Nornhold

Date: Feb 16

Time: 6—8pm

Location: Fayette St, Binghamton

Training Credit: 2 hours

OCFS Category: 1, 3, & 4

Cost: FREE

Target Audience: All



Small Talk: Connecting Children with Nature in Winter

Children and adults benefit by connecting with nature, but what about in the cold winter months? This program will help you come out of your comfort zone and explore how outdoor learning experiences in cooler weather supports developmental domains, increases physical activity and reduces stress. Participants will engage in activities and discussions that will enhance winter curiosity and creativity for all age levels.

Presenter: Cathy (Lipski) Lee

Date: Feb 21

Time: 6—7:30 pm

Location: Fayette St., Binghamton

Training Credit: 1 1/2 hours

OCFS Category: 1, 2, & 3

Cost: FREE

Target Audience: All

Health and Safety—Provider

This competency based 15-hour training provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion is required for all new group and family child care providers prior to becoming licensed or registered, as well as existing providers who change location or modality. You must register with both SUNY PDP and FEN for this training.

www.ecetp.pdp.albany.edu/findtraining.aspx

Presenter: Leslie Vermaat

Date: Feb 23, 28, and March 2

Time: 8am—2pm

Location: Cherry St., Johnson City

Training credit: 15 hours total

Cost: \$250/grants may be available

Target Audience: FCC, GFCC, LE

March

Building Positive Relationships with Children and Families

Strong relationships are the base of a successful program. Your policy/handbook will be the foundation of good parent-provider communication. Let's talk about the ways you can shape the climate of your site with strategies to connect with the children and families.

Presenter: Julie Henry

Date: March 7

Time: 6—7:30 pm

Location: Fayette St, Binghamton

Training Credit: 1 1/2 hours

OCFS Category: 5

Cost: FREE

Target Audience: All



Oh, What a Thrill

Research shows children have an instinctual need to test their bodies and minds. In fact, many children thrive when they are able to overcome obstacles to become confident and capable learners. In this training, participants will define the six categories of risky play, identify the benefits of such play, and brainstorm activities to safely allow children to take risks in their programs.

Presenter: Courtney Nornhold

Date: March 9

Time: 6—8pm

Location: The Place, Norwich

Training Credit: 2 hours

OCFS Category: 1, 3, & 4

Cost: FREE

Target Audience: All



Getting Your Business Started

We will discuss effective ways to market your business that highlights the features and benefits of your program. We'll talk about the difference between a policy and a handbook and how important well-written handbook and Policies are for the success of your business. Record-keeping is an integral part of that success. We will look at the documentation you need for licensing and how long you should keep those records. Upon completion, one-on-one assistance will be offered.

Presenter: Julie Henry

Date: March 9

Time: 6—7:30 pm

Location: Fayette St, Binghamton

Training Credit: 1 1/2 hours

OCFS Category: 5

Cost: FREE

Target Audience: All

Dealing with Challenging Behaviors

All behavior is communication. Learn about the different functions of challenging behavior in early childhood education and how prevention techniques can help you manage them. Learn more about how to de-escalate behaviors that are already happening and get a better understanding of them.

Presenter: Rachel Dowd

Date: March 14

Time: 6—8 pm

Location: Fayette St, Binghamton

Training Credit: 2 hours

OCFS Category: 3

Cost: FREE

Target Audience: All

Small Talk: Home Grown

Children often will eat what they grow. Learning about gardening can encourage children to explore how various fruits and vegetables are planted, grown, and harvested. Gardening also offers valuable lessons in science, math, and nutritional skills. So dig in and get your hands dirty with gardening pots and in plots!

Presenter: Cathy (Lipski) Lee

Date: March 21

Time: 6—7:30pm

Location: Fayette St., Binghamton

Training Credit: 1 1/2 hours

OCFS Category: 1 & 2

Cost: FREE

Target Audience: All

CPR/First Aid/AED

This is an instructor led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario-based discussions, demonstrations of skills and the opportunity for instructor-facilitated student practice. CPR/AED and First Aid skills will be taught and practice as they related to Adult, Children, & Infants. Participants will be able to perform effective CPR, use an AED, and be trained in basic first aid techniques.

Presenter: Cathy (Lipski) Lee

Date: March 22

Time: 5pm—until over

Location: Fayette St., Binghamton

Cost: \$80/EIP & VOICE, \$60 children and teens

Target Audience: ALL

*** Children and teens are now eligible for certification if they can demonstrate the skills without instructor intervention. Suggested age is 10 and up, and accompanied by an adult.

Provider Talk: Child Abuse

Unsure when and where to start with recognizing and reporting child abuse? We will have a very interactive training night to recognize the signs and what happens after the call. This is always a hard topic when you are close to families and it can hold some back from doing the right thing. Relationships often drive our choices as we think about child abuse and what it really looks like to each one of us.

Presenter: Erica Hazard

Date: March 23

Time: 6—7:30pm

Location: The Place, Norwich

Training Credit: 1 1/2 hours

OCFS Category: 5, 6, & 8

Cost: FREE

Target Audience: All

301 Level ACEs

This training is focused around preventing a child's "flipped lid." Participants will apply the science of the 101 level and the practical strategies of the 201 Level ACEs workshops to create regulated spaces in their child care settings. Participants will analyze their own space (programmatic, classroom, and individual) and create an action plan to enhance what they have.

Presenter: Leslie Vermaat

Date: March 16

Time: 6—9pm

Location: Virtual

Training credit: 3 hours

OCFS Category: 10

Cost: \$105/EIP

Target Audience: ALL

Developmentally Appropriate Practice for Preschoolers

In this training, we will discuss what developmentally appropriate practice (DAP) is and how to apply it in a preschool setting to best meet the needs of your children.

Presenter: Rachel Dowd

Date: March 23

Time: 6—8 pm

Location: Fayette St, Binghamton

Training Credit: 2 hours

OCFS Category: 1 & 3

QSNY Standard: CPI 6

Cost: FREE

Target Audience: All

SAVE THE DATE

**CHENANGO
EARTH DAY
SPRING CONFERENCE**

Saturday, April 22, 2023

Location: Rogers Environmental Education Center, Sherburne

Times: 8am-3pm

More information coming soon!





Family Enrichment Network
24 Cherry Street
Johnson City, NY 13790-0997



The mission of Family Enrichment Network is to provide supportive services for the optimal development of children and families. This mission includes a strong commitment to partnering with families and community agencies to develop and provide programs to achieve the best results for children and families. We believe in coordinating children and family services using a comprehensive and collaborative approach to improve their quality of life while ensuring the greatest value for our investment in child, adult, and parent development .

To learn more about our mission, and share in our vision that all children and families have the opportunity to grow and develop to their full potential, please visit our website at www.familyenrichment.org.